

**IAAF WORLD INDOOR CHAMPIONSHIPS – PORTLAND 2016
ENTRY STANDARDS**

MEN		Event	WOMEN	
Indoor	Outdoor		Indoor	Outdoor
6.65	10.15	60m	7.32	11.20
46.70	45.10	400m	53.15	51.20
1:46.50	1:44.00	800m	2:02.50	1:58.50
3:39.50 / 3:55.00 (Mile)	3:33.00	1500m	4:13.00 / 4:30.00 (Mile)	4:03.00
7:50.00	7:40.00 / 13:10.00 (5000m)	3000m	9:00.00	8:36.00 / 14:56.00 (5000m)
7.72	13.45	60mH	8.14	12.85
No standard		4x400R	No standard	
2.33		HJ	1.97	
5.77		PV	4.71	
8.18		LJ	6.75	
17.00		TJ	14.30	
20.50		SP	18.10	