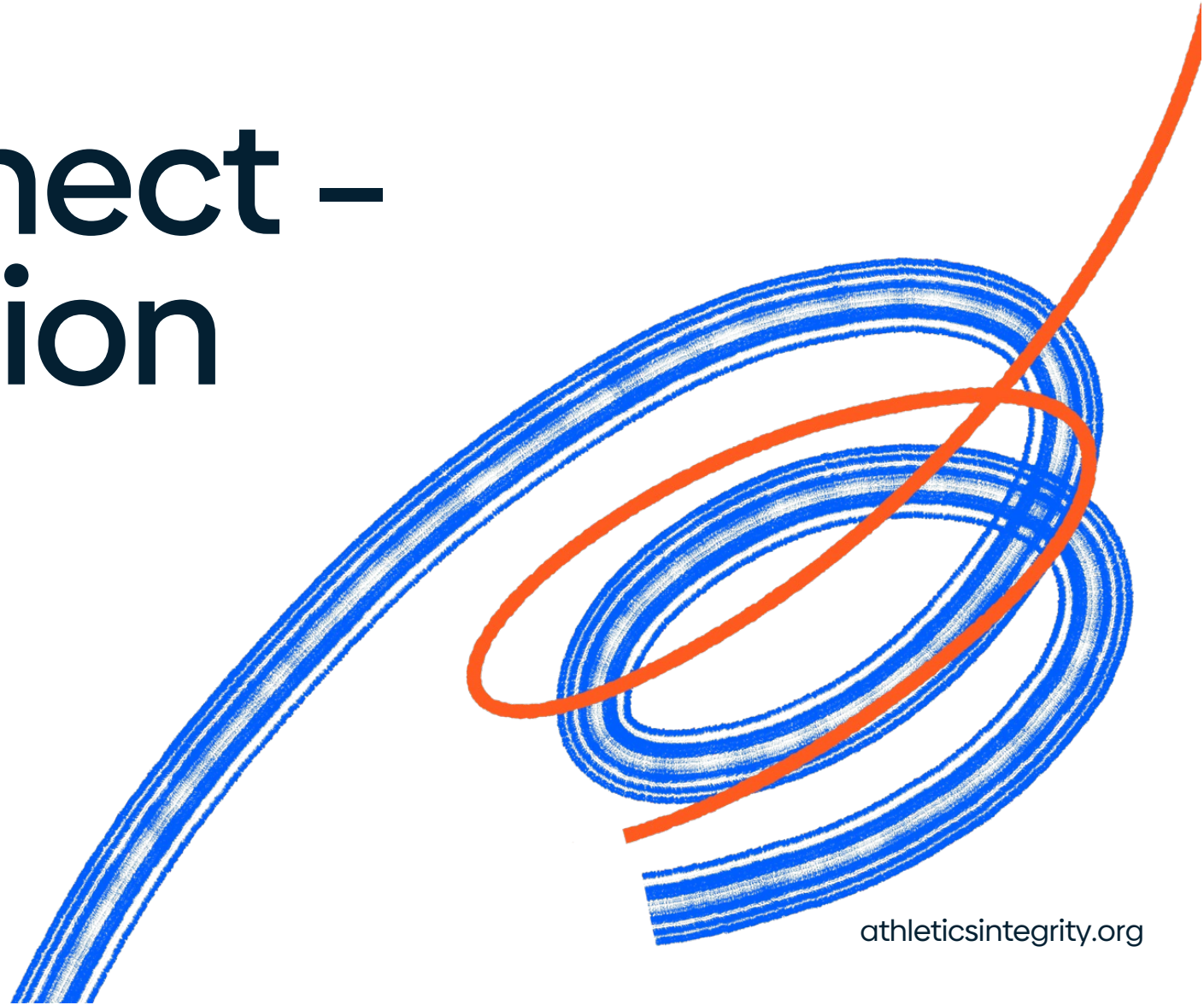


# MF Connect - AIU Session

27 May 2026 | Athletics Integrity Unit



[athleticsintegrity.org](https://athleticsintegrity.org)



**Part 1**

# **World Anti-Doping Code 2027**

What National Federations Need to Know –  
and Do – to Help Protect Their Athletes

# APPLICABLE RULES



world  
anti-doping  
agency



**World  
Anti-Doping  
Code**



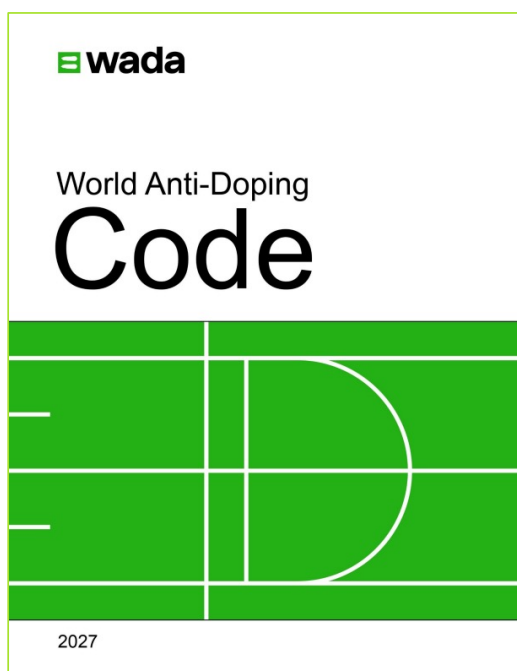
WORLD  
ATHLETICS™



**World Athletics  
Anti-Doping  
Rules**



# How & Why the Code Changed – and Why It Matters to You



More flexible, context-based  
Athlete-centred  
Stronger on rights and protection

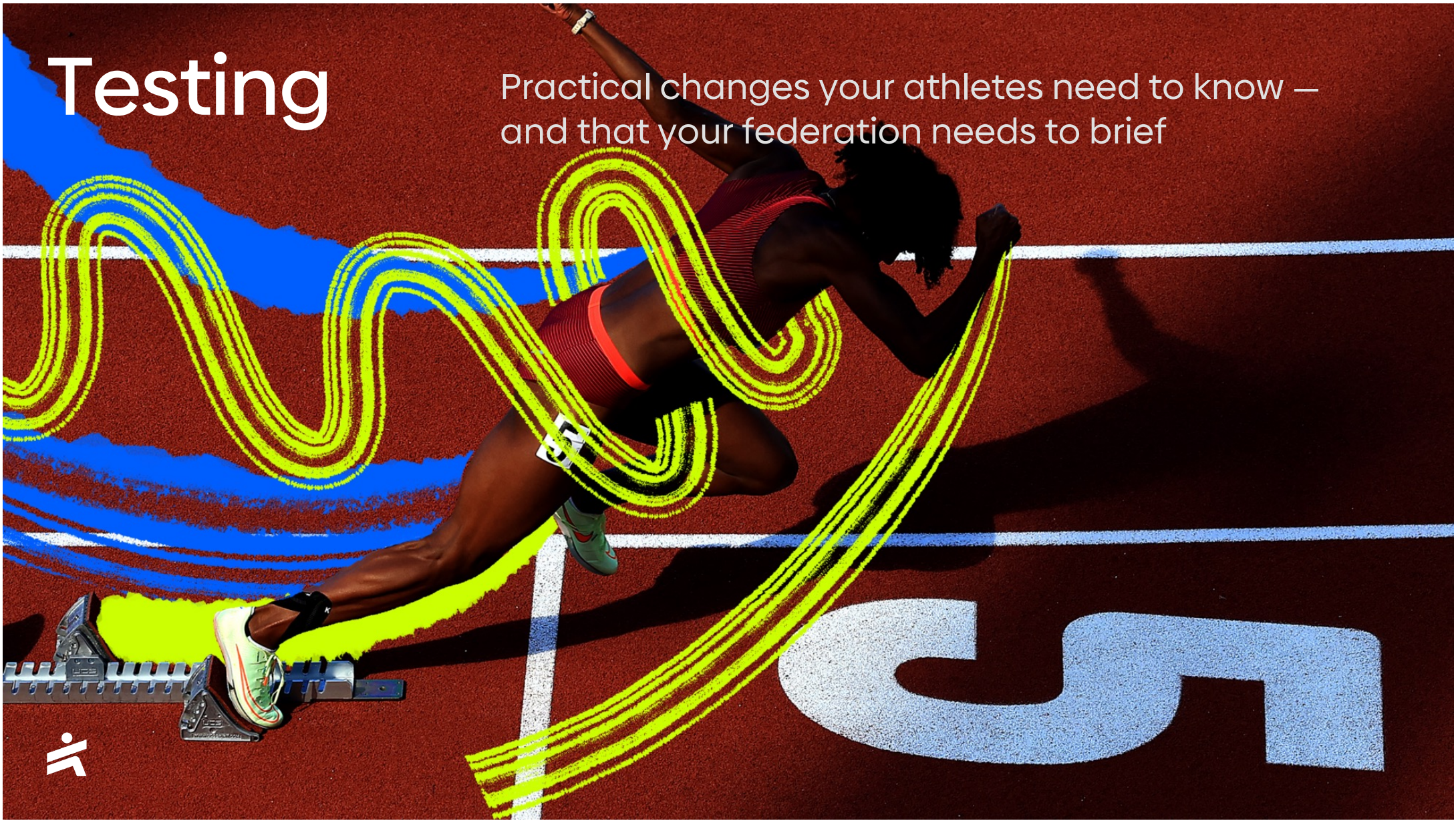
- The 2027 World Anti-Doping Code (Code) comes into force on 1 January 2027.

## What this means for your federation

A more context-based system means your federation's role in athlete education, documentation and support becomes more important – not less. When context matters, the federation's records, briefings and protocols can be the evidence that may help protect your athletes.

# Testing

Practical changes your athletes need to know —  
and that your federation needs to brief



# National Federation and NADO Collaboration

National Federations (NFs) must do their best to ensure that the NADO in their country **has complete authority** to implement its anti-doping activities over all persons under the jurisdiction of the NF.

**National Federations must** ensure that their members are bound by and in compliance with the Code and International Standards.



# Three Testing Changes – Member Federation Action Required

## WHEREABOUTS

### Primary Training Locations replace Regular Activities

Athletes now list where they train – not every activity. Simpler for athletes, but...

#### MF action:

Update athlete briefings with the help of NADOs. Simpler ≠ less accountable.

**More detail still helps testing run smoothly**

## BLOOD SAMPLE

Wait time:  
120 min → 60 min

Includes 10 min seated rest immediately before collection. Does not apply to Dried Blood Samples.

#### MF action:

Update any athlete briefing materials immediately.

**⚠️ Already in force in Athletics — April 2026**

## PHONE CALL PROTOCOL

New clarity on when DCOs call

A call should come in the last 5 min of the 60-min slot only, or in specific exceptional cases before the last 5 mins.

#### MF action:

Brief athletes clearly on both rules below.

**No call ≠ you are safe**

**A call ≠ an invitation to show up**

# Roles and responsibilities of athletes and other persons

**1** Athletes and ASP must cooperate with investigations. Not doing so could be the basis for disciplinary action under a Signatory's rules.

**2** No one who is subject to a period of ineligibility is allowed to provide ASP services to a person who is bound by anti-doping rules.

**3** Athletes and ASP must make themselves available for education.

**4** ASP must exercise the highest duty of care to protect their athlete(s) against the risk of unintentional doping.

## What this means for your federation

The roles and responsibilities should be clearly explained to individuals representing your national federation at international events.

(Code Article 21)

# Sanctions

The honest athlete is better protected — your federation can make the difference

# Sanctions – What Your Federation Needs to Know

## TIERED SANCTIONS — NON-SPECIFIED SUBSTANCES

### Intent and evidence now matter more.

The sanctioning scheme under the new Code is more flexible. It takes into consideration - the type of substance (non-specified, specified, or substance of abuse) as well as whether the use was intentional, unrelated to sport performance, or involved a substance not prohibited out-of-comp.

## SUBSTANCES OF ABUSE (THC, Cocaine, MDMA, Heroin)

**Out-of-competition 1st offence:** 2-month ban

**Out-of-competition 2nd offence:** 4 months (reducible to 2 with rehab)

**In-competition:** 6 months – 2 years (if unrelated to sports performance)

## Sanction Reduction — The Honest Athlete Wins

Being honest early and sharing what you know can reduce a sanction dramatically.

### Early Admission

Admit within 20 days of charge

25%

### Substantial Assistance

Support a full ADRV case

Up to -75%

### Valuable Information

Share useful intel on yourself/others

Up to -15%

**NF action: Counsel athletes to come forward early, facilitate. Honesty reduces sanctions — silence does not.**

# Contamination

The biggest rule change — and the one with the most direct implications for your medical and support staff

# Contaminated Sources — A Federation Staff Issue, Not Just an Athlete Issue

## WHAT CHANGED

**Old rule:** "Contaminated Products" (e.g. supplements, medications)

**New rule:** "Contaminated Sources" — any unforeseeable source from any route of entry

*Now includes meat, drink, shared towels · gym equipment · treatment tables · close contact with another person*

## Better protection — if the athlete can prove it

Strong evidence of inadvertent contamination = ban can be reduced from 4 years to 2 years or no sanction, even for a serious substance. The burden of proof still lies with the athlete.

## REAL SCENARIO — SHARED TREATMENT TABLE

A physiotherapist uses a prescribed topical medication. A banned substance transfers to an athlete who lies on the treatment table immediately after, without the physio washing their hands. The athlete tests positive.

Under the 2027 Code: if the athlete can prove what happened, their ban can be reduced significantly — because "contaminated sources" now covers this.

## MF action — your staff protocols and practices may now become evidence:

Review physio/medical hygiene protocols · Keep records of all treatments and substances used · Train support staff on contamination risk

# Athletes' Rights & Privacy

New protections your federation must understand before communicating publicly

# Athletes' Rights & Privacy — Two Rules Federations Must Know

## UNDER-18 ATHLETES — ENHANCED PROTECTION

### Minors now have extra safeguards under the 2027 Code.

This includes limits on the public disclosure of ADRV details involving athletes under 18. The Code recognises their particular vulnerability and requires greater care in how cases are handled and communicated.

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#### National federation action:

Review your junior athlete policies.

## "NO FAULT OR NEGLIGENCE" — IDENTITY PROTECTION

### An athlete's name may not be publicly disclosed.

If an athlete is found to have No Fault or Negligence, their name may not be made public — unless they consent, or the case is already public knowledge.

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#### National federation action:

Do not issue any public statement about an ongoing or concluded ADRV case without first confirming the disclosure rules that apply. A No Fault finding does not mean you are free to communicate.

# Education of athletes and ASP

Education is not optional any more

# Education a must, not optional

National Federations (NFs) to conduct education in coordination with NADOs, especially for event-specific education and using trained educators.

NFs are encouraged to include anti-doping education in the training of ASPs, any accreditation and licensing programmes.



Part 2

# Betting Integrity in Athletics

MF Connect – Case Study | 27 May 2026

PART 1

# The Landscape

How the AIU and national federations  
can close the education gap together

“

**Education cannot be overstated.  
It is critical.**

— *Brett Clothier, Head of the Athletics Integrity Unit*

## PART 2

Two athletes who said yes to being here —  
and what their story tells us about the system

# The Cases: What the Facts Tell Us

## Henrik Janssen

Overheard at the Miyazaki holding camp discussing bets placed on the Tokyo World Championships.

Had never been told that betting was prohibited.

Bet €100 on teammates. Tried to cancel. No further bets placed.

**Outcome: 3-month suspended ban**

*Both athletes had placed bets on their teammates, and both admitted their violations.*

## Steven Richter

Also overheard discussing bets on the World Championships. Informed by a teammate that betting was prohibited under World Athletics Rules.

Had never been told that betting was prohibited.

Bet €40. Tried to cancel. No further bets placed.

**Outcome: 3-month suspended ban**

*Note: A French athlete received a more serious sanction for a larger bet at a separate event.*

# The Gap the AIU Cannot Close Alone

0

athletes briefed on betting rules before their violation.

The AIU integrity guide shared with MFs was not circulated to the athletes.

## Failure of reach.

Two elite athletes competed at a World Championships having never been told betting was prohibited.

The AIU sets the rules. But we cannot be in every camp, every briefing, every conversation.

**You can.**

**Federations are the AIU's most important partners in athlete protection.**

# Panel Discussion — In Their Own Words

Henrik Janssen & Steven Richter | DLV



# How We Can Protect Athletes Together

Four things national federations can do — starting now

01

## Brief athletes before every major championship

A short briefing before departure could prevent sanctions and protect careers. Henrik and Steven never received one.

02

## Embed integrity in annual athlete education

Betting rules belong alongside anti-doping education. Integrate them into programmes you already run.

03

## Assign the IOC online training as standard

Make the Prevention of Competition Manipulation course part of onboarding — not a crisis response.

04

## Be the person athletes can ask

Athletes should know who to call before they act. The AIU is here to support you in building that culture.



## How to report suspicious activity in athletics

Whether you are an athlete, coach, official, or fan, help keep athletics clean, safe, and fair by securely reporting concerns.

The Athletics Integrity Unit (AIU) combats doping, corruption, safeguarding issues, and more.

[athleticsintegrity.org/aiu-integrity-line](https://athleticsintegrity.org/aiu-integrity-line)



### Web form

Submit the web form to receive a response from a trusted officer. Remember your access key or provide contact details for notifications, which will remain anonymous and unseen by our team.



### WhatsApp

We cannot see your WhatsApp number or any identifying details. You can communicate with us in real time, completely anonymously!



### Email

We cannot see your email address, and you can remain completely anonymous should you choose!

# Part 3 - Q&A



# Thanks!

